

# HEALING INTENTIONS

Healing Intentions is a 4-session small group experience designed to lead participants through a process that prepares them to engage in intentional healing for themselves and for others. People will learn how to focus their attention and utilize the power of thought and intention to bring about positive change. Part of the purpose of this group is to use the healing intentions process to generate a positive impact on the community in a specific and measurable way.

We believe that the positive and focused intention of a group of people can make a difference that can be felt and experienced. We encourage you to join us in this very important process.

Monday's: September 29, October 6<sup>th</sup>, 13<sup>th</sup> and 20<sup>th</sup> Time: 6:30-8:30 pm

Place: Burnsville Counseling and Healing Center

17305 Cedar Avenue Suite 230

Lakeville, MN 55044

Phone: 952-435-4144 Website: [www.counselingandhealing.com](http://www.counselingandhealing.com)

Cost: \$95

Healing can be thought of in many ways:

- Relief from physical disease or pain
- Increased peace and contentment in life
- Improved relationships at home or at work
- Increased freedom from emotional loss or pain
- Forgiveness for yourself or someone else

We believe that this program can have a profound impact for good. It can change the way you think about who you are and what is possible for us to accomplish together.

Leaders

Paula Becker is a teacher, leader, and healer and has worked with the healing arts for over 20 years. She is committed to creating opportunities for people to heal their lives and live with greater peace and joy everyday. Paula is President of Burnsville Counseling and Healing Center and a Director with the Institute for Peace and Joy.

Sandy Thibault is Director of the Institute for Peace and Joy and a Certified Therapeutic Life Coach. She is a speaker, writer and facilitator of workshops and retreats that focus on imagining possibilities for life and integrating mind, body and spirit.

**Please complete the lower half of this sheet and return to the above address.**

**Registration can be completed by phone (952-435-4144) if you are paying by credit card.**

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## Healing Intentions Registration Form

Name: \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Check here to receive e-mail information and personal growth helps.**

I am paying in cash or check Make Checks for \$95.00 Payable to Burnsville Counseling and Healing Center

Visa MC Am. Ex Discover (circle one) Card # \_\_\_\_\_ for \$95.00

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_